



PASSION FRUIT



◆ Passion Fruit comes from South America. When the Spanish missionaries first saw it they thought their flowers portrayed “Christ’s passion on the cross’ - passion here meaning suffering rather than to please—because it showed the Three Nails, the Five Wounds, the Crown of Thorns and the Apostles.

- ◆ Passion Fruit, considered a berry, comes in several distinct types, varying in size, color and taste.
- ◆ Select those that are heavy for their size with smooth to slightly wrinkled skin.
- ◆ They grow on a vine, which is often trellised. Their leaves are large, shiny, green and divided into three distinct lobes.
- ◆ Purple passion fruit has beautiful flowers with a crown-like appearance

