FUJI APPLES

♦ These apples are grown right here in the Walla Walla Valley at LeFore Orchards in Milton-Freewater, OR.

♦ The Fuji is a cross of the Red Delicious and the Virginia Ralls Janet apples.

♦ The Fuji was developed in Japan in 1962 and named after Mount Fuji.

♦ Apples have about 80 calories and are a good source of fiber and vitamins A and C.

♦ Fuji apples are a late harvest apple and picked in late September and October.

♦ In ancient Greece, tossing an apple to a girl was a traditional proposal of marriage; catching it was acceptance.