♦ The banana “tree” is not really a tree, but a giant herb. The banana is the fruit of this herb. It is believed that bananas were the first fruit cultivated by humans.
♦ Worldwide, the banana is the fourth largest fruit crop
♦ The average American consumes 28 pounds of bananas per year.
♦ India is the #1 banana producer in the world
♦ Bananas are a good source of vitamin C, potassium and fiber
♦ Bananas are not grown commercially in the continental United States. They are grown in Latin and South America from countries like Costa Rica, Ecuador, Colombia, Honduras, Panama and Guatemala.
♦ The cluster of bananas sold in supermarkets is a "hand" of bananas, while the individual bananas on the hand are called fingers.