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## **Guidelines for Outside Activities in Times of Poor Air Quality**

When determining precautions to take during poor air quality conditions. Walla Walla Public Schools generally follows guidelines established by the Unites States Environmental Protection Agency (EPA), the Center for Disease Control and Protection (CDC), and the Air Quality Flag Program.

Walla Walla Public Schools administration and staff will confer with <a href="www.airnow.gov">www.airnow.gov</a> and the Air Quality Index (AQI) to help guide their decision making around outside activities such as recess, physical education, and afterschool activities. In addition, consultation with the School District Nurse, local health agencies, and other resources may be considered.

Below are the corresponding AQI Index ratings and accompanying Outdoor Activity Guidance that district personnel will consider when making accommodations due to poor air quality.

Air Quality Index	Outdoor Activity Guidance
green GOOD	Great day to be active outside!
yellow	Good day to be active outside!
MODERATE	Students who are unusually sensitive to air pollution could have symptoms.*
orange	It's OK to be active outside, especially for <b>short activities</b> such as recess and physical education (PE).  For <b>longer activities</b> such as athletic practice, take more breaks and do less intense activities.
UNHEALTHY FOR	Watch for symptoms and take action as needed.*
SENSITIVE GROUPS	Students with asthma should follow their asthma action plans and keep their quick-relief medicine handy.
•	For all outdoor activities, take more breaks and do less intense activities.
red	Consider moving longer or more intense activities indoors or rescheduling them to another day or time.
UNHEALTHY	Watch for symptoms and take action as needed.*
	Students with asthma should follow their asthma action plans and keep their quick-relief medicine handy.
purple	Move all activities indoors or reschedule them to another day.
VERY UNHEALTHY	