



- ◆ There are 10,000 different kinds of tomatoes!
- ◆ Tomatoes can either be called a fruit or a vegetable, depending on the definition. Either one is right!
- ◆ There is a legend that says a man tried to kill George Washington by feeding him a tomato. What the man didn't know was that tomatoes are not poisonous! They are actually really healthy! They even protect you against cancer!
- ◆ Lycopene is what makes tomatoes red. Lycopene is an important antioxidant, which fights off the free radicals that try to hurt your body.

Fun Facts About Tomatoes. (2008). Retrieved June 18, 2009, from Sundia: <http://www.sundiafruit.com/SundiaFruit/Sundia-Tomato/FunFacts.php>.

TOMATOES