



Walla Walla Public Schools Classroom Close-Up



TEACHER NAME: Marc Yonts

SCHOOL: Walla Walla High School

Position: Physical Education

YEARS IN DISTRICT: 25 years

Q. What classes are you teaching this year?

A. I teach strength training, team sports, and low impact fitness. The Team Sports class teaches students about team play, getting along with your teammates and working well with others. Activities in this class include team handball, soccer, basketball, and Ultimate Frisbee.

The Strength Training class focuses on development of the entire body through weightlifting, body weight exercises and conditioning. The Low Impact Fitness class includes some strength training, and also incorporates yoga, fitness walking, pilates and exposure to fitness avenues for life-long good health.

Q. Why is it important to begin structured physical fitness at a younger age?

A. Fitness is a lifestyle and not just something you do in school or when someone asks you to do it. It's important for kids to understand at a young age we need to move and we need to move every day. I support the SQORD fitness device partnership with Providence St. Mary Medical Center which is providing electronic fitness devices for all 4th graders to help raise awareness and track their fitness activities.

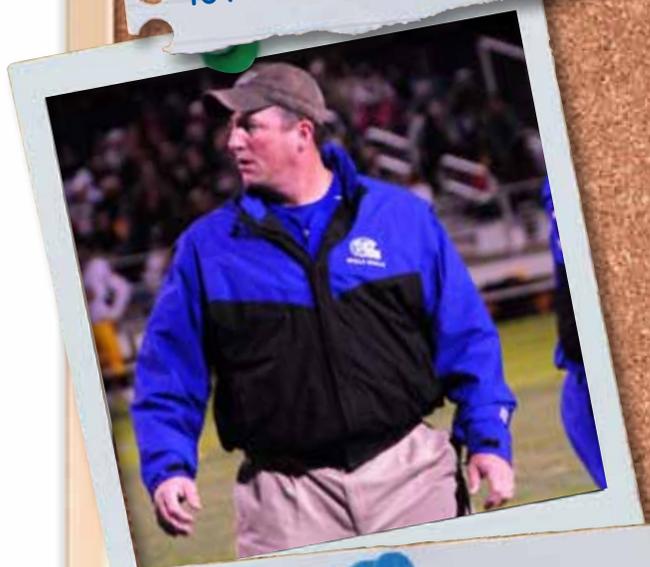
Q. How has your coaching background impacted your PE classes?

A. Athletics teaches you about competing and trying to do your best. Sports teams are bigger than the individual. I may not score the winning basket, but I might play good defense or make a good pass to create an opportunity for my teammate. When everyone has success you see kids giving each other high fives and having fun. Sports allows you to be accountable to a group, organization or team; just like you do in the workplace.

Over 

Marc Yonts

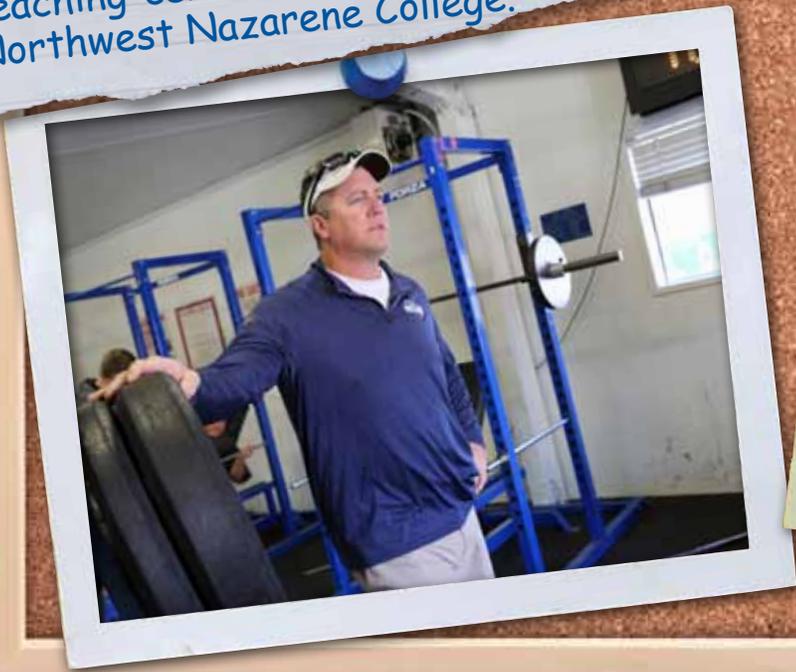
Teaching comes down to relationships with the students. It is so rewarding when you see kids begin to realize the benefits of their hard work and discipline. It's awesome when the light bulb switches on for kids. I love what I do!



MORE COMMENTS FROM MARC:

I grew up in Kennewick and graduated from Kamiakin High School before earning a teaching certificate from Central Washington University. I have a national teaching certificate and a master's from Northwest Nazarene College.

My history teacher Linda Slick, English teacher Joan Hue and numerous coaches instilled a passion for learning.



Marc was the Wa-Hi varsity football coach for 14 years. His wife Gina is the principal at Green Park elementary. They have two adult children.