

# WALLA WALLA PUBLIC SCHOOLS MIDDLE SCHOOL MENU

## May

### LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN TERIYAKI W/ BROWN RICE CHEESE BURGER TORTILLA CHIPS W/HUMMUS	2 CHEESE RAVIOLI CRUNCHY TACO YOGURT W/APPLE CINNAMON CRACKERS	3 OVEN FRIED CHICKEN WITH DINNER ROLL BEAN & CHEESE BURRITO CHICKEN ON A BUN	4 SLOPPY JOE ON A BUN CHICKEN NUGGETS SOFT PRETZEL WITH COTTAGE CHEESE	5 FISH TACO NACHOS WITH GROUNDBEEF CHICKEN FAJITAS
8 CHICKEN POZOLE CHEESE BURGER TORTILLA CHIPS W/HUMMUS	9 LASAGNA ROLL UP CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS	10 TERIYAKI DIPERS WITH BROWN RICE BEAN & CHEESE BURRITO CHICKEN ON A BUN	11 CHICKEN FAJITAS CHICKEN NUGGETS W/ DINNER ROLL SOFT PRETZEL WITH COT- TAGE CHEESE	12 CHICKEN ALFREDO PASTA CHEESE PIZZA TURKEY SANDWICH
15 MANDARIN ORANGE CHICK- EN WITH BROWN RICE CHEESE BURGER TORTILLA CHIPS W/HUMMUS	16 SPAGHETTI CRUNCHY TACOS YOGURT WITH GRAHAM CRACKERS	17 CORN DOG BEAN & CHEESE BURRITO CHICKEN ON A BUN	18 CHEESE ZOMBIE CHICKEN NUGGETS W/ DINNER ROLL SOFT PRETZEL WITH COT- TAGE CHEESE	19 FISH SANDWICH CHEESE PIZZA TURKEY SANDWICH
22 NACHOS WITH GROUNDBEEF CHEESE BURGER HUMMUS & TORTILLA CHIPS	23 CHICKEN NOODLE SOUP CRUNCHY TACOS YOGURT WITH GRAHAM CRACKERS	24 CHEF SALAD W/DINNER ROLL BEAN & CHEESE BURRITO CHICKEN ON A BUN	25 TURKEY GRAVY & POTATOES W/DINNER ROLL CHICKEN NUGGETS SOFT PRETZEL WITH COTTAGE CHEESE	26 HOT HAM & CHEESE SAND- WICH CHEESE PIZZA TURKEY SANDWICH
29 MEMORIAL DAY NO SCHOOL	30 CHICKEN POT PIE CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS	31 HOT DOG ON A BUN BEAN & CHEESE BURRITO CHICKEN ON A BUN		

## June

### LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 MACARONI & CHEESE CHICKEN NUGGETS W/ DINNER ROLL SOFT PRETZEL WITH COTTAGE CHEESE	2 CRUNCHY HAWAIIAN CHEESE PIZZA TURKEY SANDWICH
5 FRENCH TOAST CHEESE BURGER TORTILLA CHIPS W/HUMMUS	6 CHILI CON CARNE W/ CORNBREAD CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS	7 TACO SALAD BEAN & CHEESE BURRITO CHICKEN ON A BUN	8 CHICKEN PARMIGIANA ROLL CHICKEN NUGGETS SOFT PRETZEL	9 FISH NUGGETS CHEESE PIZZA TURKEY SANDWICH
12 CHICKEN TERIYAKI W/ BROWN RICE CHEESE BURGER TORTILLA CHIPS W/HUMMUS	13 CHEESE RAVIOLI CRUNCHY TACO YOGURT W/APPLE CINNAMON CRACKERS	14 OVEN FRIED CHICKEN WITH DINNER ROLL BEAN & CHEESE BURRITO CHICKEN ON A BUN		

### BREAKFAST

( BREAKFAST INCLUDES FRUIT, VEGETABLES, MILK OR SOY MILK )

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CEREAL TURKEY SAUSAGE BAGEL PANCAKES SAUSAGE & EGG MUFFIN	CEREAL SCRAMBLED EGGS MUFFIN YOGURT BREAKFAST PIZZA	CEREAL TURKEY SAUSAGE BAGEL FRENCH TOAST STICKS SAUSAGE & EGG MUFFIN	CEREAL OMELET MUFFIN YOGURT TURKEY PANCAKE WRAP	CEREAL TURKEY SAUSAGE BAGEL WAFFLES BREAKFAST PIZZA

### SALAD BAR, CONDIMENTS & DRINKS

MILK: 1%, SOY MILK , NON-FAT CHOCOLATE MILK

FRESH FRUITS IN SEASON & A VARIETY OF CANNED FRUIT IN JUICE OR LT SYRUP

SEASONAL RAW VEGETABLE TRAY: CARROTS, CAULIFLOWER, BROCCOLI, TOMATOES,  
CUCUMBERS, CELERY, PEAS, AND MORE

TOSSED GREEN SALAD WITH ICEBERG, ROMAINE, SPINACH, ADDITIONAL VEGETABLES AS  
AVAILABLE

CONDIMENTS: KETCHUP, SALSA, LOW FAT RANCH, LOW FAT MAYO, & MUSTARD

#### MEAL PRICES 2016-2017

Breakfast (K-5)	1.30	Lunch	2.85
Reduced	0.00	Reduced	0.40
Adult Breakfast	1.80	Adult Lunch	3.50
Milk	0.50	Milk	0.50

Can charge up to \$10

Menus exceed the state and federal guidelines for servings of fruits and vegetables.  
This institution is an equal opportunity provider. Menu subject to change without notice.