

# JANUARY

## WALLA WALLA PUBLIC SCHOOLS LINCOLN HIGH SCHOOL MENU

### BREAKFAST

( BREAKFAST INCLUDES FRUIT, VEGETABLES, MILK OR SOY MILK )

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST PIZZA PANCAKE WRAP OMELET BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP SAUSAGE & EGG MUFFIN BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP OMELET BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP SAUSAGE & EGG MUFFIN BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP SCRAMBLED EGGS BAGEL CEREAL YOGURT MUFFIN

### SALAD BAR, CONDIMENTS & DRINKS

MILK 1%, SOY MILK , NON-FAT CHOCOLATE MILK

FRESH FRUITS IN SEASON & A VARIETY OF CANNED FRUIT IN JUICE OR LT SYRUP

SEASONAL RAW VEGETABLE TRAY  
(CARROTS, CAULIFLOWER, BROCCOLI, TOMATOES, CUCUMBERS, CELERY, PEAS, AND MORE)

TOSSED GREEN SALAD WITH ICEBERG, ROMAINE, SPINACH, ADDITIONAL VEGETABLES AS AVAILABLE

CONDIMENTS (KETCHUP, SALSA, LOW FAT RANCH, LOW FAT MAYO, & MUSTARD)

#### MEAL PRICES 2018-2019

Breakfast	1.40	Lunch	2.95
Reduced	0.00	Reduced	0.40
Adult Breakfast	1.90	Adult Lunch	3.60
Milk	0.50	Milk	0.50



Menus exceed the state and federal guidelines for servings of fruits and vegetables.  
This institution is an equal opportunity provider. Menu subject to change without notice.

### LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 TURKEY & NOODLES CHEESEBURGER CHICKEN CESAR SALAD SANDWICH	8 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	9 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	10 RIB B QUE SANDWICH CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	11 CHILI CON CARNE WITH DINNER ROLL CHEESE PIZZA CHICKEN FIESTA SALAD SANDWICH
14 SPAGHETTI CHEESEBURGER CHICKEN CESAR SALAD SANDWICH	15 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	16 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	17 MEATBALL SANDWICH CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	18 CHICKEN FAJITAS CHEESE PIZZA CHICKEN FIESTA SALAD SANDWICH
21 NO SCHOOL	22 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	23 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	24 HOT HAM & CHEESE CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	25 TURKEY GRAVY & POTATOE WITH DINNER ROLL CHEESE PIZZA CHICKEN FIESTA SALAD SANDWICH
28 CHICKEN PARMESAN CHEESEBURGER CHICKEN CESAR SALAD MEATBALL SUB	29 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	30 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	31 BBQ PULLED PORK CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	