

FEBRUARY

WALLA WALLA PUBLIC SCHOOLS MIDDLE SCHOOL MENU

SALAD BAR, CONDIMENTS & DRINKS

MILK 1%, SOY MILK, NON-FAT CHOCOLATE MILK

FRESH FRUITS IN SEASON & A VARIETY OF CANNED FRUIT IN JUICE OR LT SYRUP

SEASONAL RAW VEGETABLE TRAY
(CARROTS, CAULIFLOWER, BROCCOLI, TOMATOES, CUCUMBERS, CELERY, PEAS, AND MORE)

TOSSED GREEN SALAD WITH ICEBERG, ROMAINE, SPINACH, ADDITIONAL VEGETABLES AS AVAILABLE

CONDIMENTS (KETCHUP, SALSA, LOW FAT RANCH, LOW FAT MAYO, & MUSTARD)

MEAL PRICES 2018-2019

Breakfast	1.40	Lunch	2.95
Reduced	0.00	Reduced	0.40
Adult Breakfast	1.90	Adult Lunch	3.60
Milk	0.50	Milk	0.50



Menus exceed the state and federal guidelines for servings of fruits and vegetables. This institution is an equal opportunity provider. Menu subject to change without notice.

BREAKFAST

(BREAKFAST INCLUDES FRUIT, VEGETABLES, MILK OR SOY MILK)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CEREAL EGG & CHEESE MUFFIN BAGEL PANCAKES BREAKFAST PIZZA	CEREAL SCRAMBLED EGGS MUFFIN YOGURT PANCAKE WRAP	CEREAL TURKEY SAUSAGE BAGEL FRENCH TOAST STICKS BREAKFAST PIZZA	CEREAL OMELET MUFFIN YOGURT PANCAKE WRAP	CEREAL HARD BOILED EGG BAGEL WAFFLES BREAKFAST PIZZA

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				¹ BBQ PULLED PORK SANDWICH CHEESE PIZZA TURKEY SANDWICH CHICKEN ON A BUN
⁴ FRENCH TOAST WITH TURKEY SAUSAGE CHEESE BURGER CHICKEN ON A BUN HUMMUS & TORTILLA CHIPS	⁵ CHILI CON CARNE WITH CORNBREAD CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS CORN DOG	⁶ TACO SALAD BEAN & CHEESE BURRITO CHICKEN ON A BUN SOFT PRETZEL WITH COTTAGE CHEESE	⁷ CHICKEN PARMESAN ROTINI CHEESE BURGER CHICKEN NUGGETS WITH DINNER ROLL YOGURT WITH CRACKERS	⁸ FUN FISH NUGGETS CHEESE PIZZA TUNA SANDWICH CHICKEN ON A BUN
¹¹ CHICKEN TERIYAKI WITH BROWN RICE CHEESE BURGER CHICKEN ON A BUN HUMMUS & TORTILLA CHIPS	¹² CHEESE RAVIOLI CORN DOG CRUNCHY TACO YOGURT WITH CRACKERS	¹³ SLOPPY JOES BEAN & CHEESE BURRITO CHICKEN ON A BUN SOFT PRETZEL WITH COTTAGE CHEESE	¹⁴ NO SCHOOL	¹⁵ NO SCHOOL
¹⁸ NO SCHOOL HOLIDAY	¹⁹ LASAGNA ROLL UP CORN DOG CRUNCHY TACOS YOGURT WITH CRACKERS	²⁰ TERIYAKI DIPERS WITH BROWN RICE BEAN & CHEESE BURRITO CHICKEN ON A BUN SOFT PRETZEL WITH COTTAGE CHEESE	²¹ CHICKEN FAJITAS CHEESE BURGER CHICKEN NUGGETS WITH DINNER ROLL YOGURT WITH CRACKERS	²² CHICKEN ALFREDO CHEESE PIZZA TUNA SANDWICH CHICKEN ON A BUN
²⁵ MANDARIN ORANGE CHICKEN WITH BROWN RICE CHEESE BURGER CHICKEN ON A BUN HUMMUS & TORTILLA CHIPS	²⁶ SPAGHETTI CORN DOG CRUNCHY TACOS YOGURT WITH CRACKERS	²⁷ ENCHILADA BEAN & CHEESE BURRITO CHICKEN ON A BUN SOFT PRETZEL WITH COTTAGE CHEESE	²⁸ CHEESE ZOMBIES CHEESE BURGER CHICKEN NUGGETS WITH DINNER ROLL	