

# FEBRUARY

# WALLA WALLA PUBLIC SCHOOLS LINCOLN HIGH SCHOOL MENU

## BREAKFAST

( BREAKFAST INCLUDES FRUIT, VEGETABLES, MILK OR SOY MILK )

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST PIZZA PANCAKE WRAP OMELET BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP SAUSAGE & EGG MUFFIN BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP OMELET BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP SAUSAGE & EGG MUFFIN BAGEL CEREAL YOGURT MUFFIN	BREAKFAST PIZZA PANCAKE WRAP SCRAMBLED EGGS BAGEL CEREAL YOGURT MUFFIN

### SALAD BAR, CONDIMENTS & DRINKS

MILK 1%, SOY MILK, NON-FAT CHOCOLATE MILK

FRESH FRUITS IN SEASON & A VARIETY OF CANNED FRUIT IN JUICE OR LT SYRUP

SEASONAL RAW VEGETABLE TRAY  
(CARROTS, CAULIFLOWER, BROCCOLI, TOMATOES, CUCUMBERS, CELERY, PEAS, AND MORE)

TOSSED GREEN SALAD WITH ICEBERG, ROMAINE, SPINACH, ADDITIONAL VEGETABLES AS AVAILABLE

CONDIMENTS (KETCHUP, SALSA, LOW FAT RANCH, LOW FAT MAYO, & MUSTARD)

### MEAL PRICES 2018-2019

Breakfast	1.40	Lunch	2.95
Reduced	0.00	Reduced	0.40
Adult Breakfast	1.90	Adult Lunch	3.60
Milk	0.50	Milk	0.50

## LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 CHEESE ZOMBIE CHEESE PIZZA CHICKEN FIESTA SALAD SANDWICH
4 CHICKEN ALFREDO CHEESEBURGER CHICKEN CESAR SALAD SANDWICH	5 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	6 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	7 SLOPPY JOE ON A BUN CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	8 CHICKEN POZOLE CHEESE PIZZA CHICKEN FIESTA SALAD SANDWICH
11 TURKEY & NOODLES CHEESEBURGER CHICKEN CESAR SALAD SANDWICH	12 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	13 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	14 NO SCHOOL	15 NO SCHOOL
18 NO SCHOOL HOLIDAY	19 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	20 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	21 MEATBALL SANDWICH CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	22 CHICKEN FAJITAS CHEESE PIZZA CHICKEN FIESTA SALAD SANDWICH
25 MACARONI & CHEESE CHEESEBURGER CHICKEN CESAR SALAD SANDWICH	26 BEEF SOFT TACO CHEESE QUESADILLA CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	27 NACHOS WITH GROUND BEEF BEAN & CHEESE BURRITO BEEF TACO SALAD SANDWICH	28 HOT HAM & CHEESE CHICKEN NUGGETS WITH DINNER ROLL CHEF SALAD ASIAN CHICKEN WITH BROWN RICE	

Menus exceed the state and federal guidelines for servings of fruits and vegetables.  
This institution is an equal opportunity provider. Menu subject to change without notice.

