

WALLA WALLA PUBLIC SCHOOLS MIDDLE SCHOOL MENU

Welcome Back!!!!

BREAKFAST

(BREAKFAST INCLUDES FRUIT, VEGETABLES, MILK OR SOY MILK)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CEREAL TURKEY SAUSAGE BAGEL PANCAKES SAUSAGE & EGG MUFFIN	CEREAL SCRAMBLED EGGS MUFFIN YOGURT BREAKFAST PIZZA	CEREAL TURKEY SAUSAGE BAGEL FRENCH TOAST STICKS SAUSAGE & EGG MUFFIN	CEREAL OMELET MUFFIN YOGURT TURKEY PANCAKE WRAP	CEREAL TURKEY SAUSAGE BAGEL WAFFLES BREAKFAST PIZZA

August

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29 LASAGNA ROLL UP CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS	30 TERIYAKI DIPERS WITH BROWN RICE BEAN & CHEESE BURRITO CHICKEN ON A BUN	31 CHICKEN FAJITAS CHICKEN NUGGETS W/ DINNER ROLL SOFT PRETZEL WITH COT- TAGE CHEESE	

September

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 NO SCHOOL
4 NO SCHOOL LABOR DAY	5 SPAGHETTI CRUNCHY TACOS YOGURT WITH GRAHAM CRACKERS	6 CORN DOG BEAN & CHEESE BURRITO CHICKEN ON A BUN	7 CHEESE ZOMBIE CHICKEN NUGGETS W/ DINNER ROLL SOFT PRETZEL WITH COTTAGE CHEESE	8 FISH SANDWICH CHEESE PIZZA TURKEY SANDWICH
11 NACHOS WITH GROUND BEEF CHEESE BURGER HUMMUS & TORTILLA CHIPS	12 CHICKEN NOODLE SOUP CRUNCHY TACOS YOGURT WITH GRAHAM CRACKERS	13 CHEF SALAD W/DINNER ROLL BEAN & CHEESE BURRITO CHICKEN ON A BUN	14 TURKEY GRAVY & POTATOES W/DINNER ROLL CHICKEN NUGGETS SOFT PRETZEL WITH COTTAGE CHEESE	15 HOT HAM & CHEESE SAND- WICH CHEESE PIZZA TURKEY SANDWICH
18 SWEET & SOUR CHICKEN WITH BROWN RICE CHEESE BURGER HUMMUS & TORTILLA CHIPS	19 CHICKEN POT PIE CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS	20 HOT DOG ON A BUN BEAN & CHEESE BURRITO CHICKEN ON A BUN	21 MACARONI & CHEESE CHICKEN NUGGETS W/ DINNER ROLL SOFT PRETZEL WITH COTTAGE CHEESE	22 BBQ PULLED PORK CHEESE PIZZA TURKEY SANDWICH
25 FRENCH TOAST CHEESE BURGER HUMMUS & TORTILLA CHIPS	26 CHILI CON CARNE W/ CORNBREAD CRUNCHY TACO YOGURT WITH GRAHAM CRACKERS	27 TACO SALAD BEAN & CHEESE BURRITO CHICKEN ON A BUN	28 CHICKEN PARMIGIANA ROLL CHICKEN NUGGETS SOFT PRETZEL	29 FISH NUGGETS CHEESE PIZZA TURKEY SANDWICH



SALAD BAR, CONDIMENTS & DRINKS

MILK: 1%, SOY MILK, NON-FAT CHOCOLATE MILK

FRESH FRUITS IN SEASON & A VARIETY OF CANNED FRUIT IN JUICE OR LT SYRUP

SEASONAL RAW VEGETABLE TRAY: CARROTS, CAULIFLOWER, BROCCOLI, TOMATOES, CUCUMBERS, CELERY, PEAS, AND MORE

TOSSED GREEN SALAD WITH ICEBERG, ROMAINE, SPINACH, ADDITIONAL VEGETABLES AS AVAILABLE

CONDIMENTS: KETCHUP, SALSA, LOW FAT RANCH, LOW FAT MAYO, & MUSTARD

MEAL PRICES 2017-2018

Breakfast	1.40	Lunch	2.95
Reduced	0.00	Reduced	0.40
Adult Breakfast	1.90	Adult Lunch	3.60
Milk	0.50	Milk	0.50

Can charge up to \$10



Menus exceed the state and federal guidelines for servings of fruits and vegetables. This institution is an equal opportunity provider. Menu subject to change without notice.